Hi everyone!

**Canteen day changed to Thursday. Students to bring their lunch Wednesday.**

We would like to wish Faith, Piper, Harmony & Hayley the best of luck for this Friday. These four students are competing in the Cross Country Zone Carnival which is being held at Corndale Public School.

On Monday the country co-ordinator for Jump Rope for Heart will be visiting our school to have a workshop with the students. He will be talking with the students and they will be practicing their jumping skills.

For the first time our small school's group has decided to participate in the Beef Week Parade on Saturday 31st May. The theme is Heroes and Villains. Will let you know the meeting time and place next week.

**Canteen Roster**

<table>
<thead>
<tr>
<th>Date</th>
<th>Worker</th>
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<tbody>
<tr>
<td>May 22nd</td>
<td>Amanda Mazlin</td>
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Congratulations to the students below who are the award winners from last week.

Kerry Harper
Principal
Rappville Public School P & C News

Lunch bags have been sent home today for Thursday's canteen. Silent baker donations are always welcome on canteen day.

The next P&C meeting will be held next Wednesday 11th June.

This term we are holding a Pie Drive. Order forms are on the last page. They are great to have in the freezer for that last minute dinner option.

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Roasted Pumpkin Soup

1.5kg butternut pumpkin, peeled, cut into 3cm pieces
4 garlic cloves, unpeeled
2 tablespoons olive oil

**Step 1**
Preheat oven to 200°C /180°C fan-forced. Line 2 large baking trays with baking paper. Place pumpkin and garlic in a bowl. Add oil. Season with salt and pepper. Toss to coat.

**Step 2**
Arrange pumpkin mixture, in a single layer, on prepared tray. Bake for 40 minutes or until pumpkin is golden and tender

Roasted pumpkin and garlic (see above recipe)
20g butter
1 medium leek, trimmed, halved, washed, sliced
2 medium cream delight potatoes, peeled, chopped
1 litre chicken stock
1 tablespoon pure cream
1 tablespoon chopped fresh chives
toasted ciabatta slices, to serve

**Step 3**
Squeeze 3 garlic cloves from skin. Reserve. Discard skin. Melt butter in a large saucepan over medium-high heat. Add leek. Cook, stirring, for 3 minutes or until leek has softened. Add potato. Cook, stirring, for 5 minutes.

**Step 4**
Add stock and 2 cups cold water. Season with pepper. Cover. Bring to the boil. Reduce heat to medium-low. Simmer for 15 minutes or until potato is tender. Stir in roasted pumpkin and garlic. Cook for 5 minutes or until heated through. Set aside for 5 minutes to cool slightly.

**Step 5**
Blend pumpkin mixture, in batches, until smooth. Return to pan over low heat. Cook, stirring, for 2 to 3 minutes or until heated through. Ladle into serving bowls. Drizzle with cream and sprinkle with chives. Serve with toasted ciabatta slices.
Parent tips

Primary and High school

Too sick for school?
As the cold weather hits, so do the winter bugs. It’s often hard to know whether to send your child to school or let them stay home to recover, especially when that means an adult cancelling work. For safety’s sake, if your child seems unwell you should always keep them home from school and seek medical advice.
School A to Z and the NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick kids need to miss school. Find it by typing this link into your web browser www.bit.ly/1hytn2E

Primary school

Mental maths strategies
We teach children a range of different strategies to add and subtract numbers. By showing them several methods for solving maths questions, we’re helping them to look for patterns. All this builds a good sense of “number” which means they understand the relationships between different numbers and why different ways to add and subtract work well. The goal is that your child will understand many ways to approach a maths problem and will be able to choose a way that makes the most sense to them. School A to Z has a lot of resources, including help sheets on mental maths strategies, here: www.bit.ly/JkiUsY

Does speaking another language at home confuse children?
Are your children fortunate enough to be growing up in a home where two or more languages are spoken? Many parents worry that bilingualism can cause confusion and even delays in learning for their children, but according the Raising Children Network, that’s not the case at all. A good knowledge of your native language can actually help your child with learning English. Bilingual children who are read books and spoken to in their in their native language find it easier to learn to read and write in English when they get to school. More information is at www.bit.ly/1m0agnk

High School

Teenager’s seeking more independence
Knowing how much freedom and responsibility to give your teenager is difficult, especially if they’re your eldest or only child. To become capable adults, teenagers need to learn to make good decisions on their own and have opportunities to show you they can. The Raising Children Network website has a wealth of expert information and guidance for parents of teens and younger children. If your child is testing the boundaries and pushing for more independence, you may find the article ‘Shifting responsibility to your child’ worth reading. Go to www.bit.ly/1jCxKhe

Study help for high school
It’s often quite difficult parents to assist their children with their high school homework and study. Even if we have professional experience in the subject area, children tend to find it difficult to take parental advice when it comes to school. (Don’t feel bad, teachers’ own children do exactly the same thing.) www.khanacademy.org is an excellent, not-for-profit website which may help your child study and revise tricky concepts in science, maths and the humanities.
Pie Drive 2014

We are holding a Pie Drive as a fundraiser for our school. The pies are from King’s Pies.

Orders must be returned with payment to the School Office no later than Friday 13\textsuperscript{th} June 2014 for pickup from the school on Friday 20\textsuperscript{th} June 2014.

Your ongoing support is greatly appreciated and allows us to assist with funding extra activities, sports and excursions for our children.

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NAME:______________________________________________________

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Grand total